



Sex Education & Relationship Policy

Agreed: Feb 2018

Review: Feb 2019 (to reflect new guidance on
Relationships and Sex Education)

What is Relationship and Sex Education(SRE)?

It is lifelong learning about physical moral and emotional development. It is about the understanding of the importance of family life, stable and loving relationships, respect for others, love and care. It is also about the teaching of sexual activity. As a

School we believe that the programme of study should start in the Foundation Stage with a focus on feelings, relationships and physical changes and progress in Key Stage 2 to learning about changes in the body at puberty, emotionally and physically and how a baby is conceived and born.

There are three main elements to Relationships and Sex Education:

Attitudes and values

- Learning about the value of family life and stable loving relationships for the nurture of children
- Learning about the value of respect, love and care
- Exploring and considering 'should I, shouldn't I issues'
- Learning how to make good decisions

Personal and social issues

- Learning how to manage and talk about emotions and relationships, confidently and sensitively
- Developing self-respect and empathy for others
- Developing understanding and acceptance of others
- Managing conflict
- Learning how to recognise and avoid exploitation and abuse
- Learning how to make and keep friends
- Learning what a girlfriend and boyfriend are

Knowledge and understanding

- Learning and understanding physical development at appropriate stages
- Understanding human sexuality, reproduction and sexual health
- Learning about contraception and avoidance of unplanned pregnancy
- Knowing that they can ask for advice and help
- Knowing that underage sex is illegal
- Knowing emotions can become erratic as the body matures
- Knowing that there are different kinds of relationships

The SRE programme is to be incorporated in the PSHE work for each year. The scheme of work is separated out for the purpose of clarity of policy.

The essential features of the scheme are the building of an understanding of sex and relationships at a level appropriate to age and maturity, within the guidelines of DFE [Sex and Relationship Education Guidance publication \(July 2000\)](#). These guidelines are, in turn, based upon the National Curriculum and the National Healthy School standard.

There are areas not included in detail, such as sexuality, contraception or family planning, or sexually transmitted diseases. These are considered in the SRE programmes of the Secondary schools to which our pupils transfer. However, where questions about matters such as

these are raised, staff will deal honestly and sensitively with them, offer support where necessary, and refer pupils to their parents or other supporting agencies (e.g. the school nurse) as appropriate. As part of the teaching on Human Reproduction a lesson covering sexual intercourse will take place. This will be in full consultation with parents and parental permission will be requested along with an invitation to view the materials beforehand.

The areas of study will draw upon the Science curriculum 2014 and will include the following elements:

YEAR R

AUTUMN TERM: Me and My Family

SPRINGTERM: Who are my friends?

SUMMER TERM: When I was a baby I looked like this, now...

YEAR 1/2

AUTUMN TERM: NUCLEAR FAMILY & anti-bullying week (NOV)

SPRING TERM: FRIENDSHIP ... what does this mean; who are they?

SEAL: Getting on and falling out.

SUMMER TERM: HUMAN BODY (LINKS to SCIENCE CURRIC)

- 1) Identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense
- 2) Growing into adulthood: baby, toddler, child, teenager, adult (ordering and labelling).

YEAR 3/4

AUTUMN TERM: EXTENDED FAMILY & anti bullying week NOV

SPRING TERM: FRIENDSHIP... what skills do we need to be a good friend?

SEAL: Getting on and falling out.

SUMMER TERM: HUMAN BODY (LINKS to SCIENCE CURRIC)

- 3) How bodies change as we age (basics – size/hair going grey or falling out/wrinkles, etc) baby, toddler, child, teenager, adult.
- 4) Peer mediator/mentor training

YEAR 5/6

AUTUMN TERM: DIFFERENT TYPES OF FAMILIES & anti bullying week NOV

SPRING TERM: FRIENDSHIP ... compromise, mediating fallouts, including others.

SEAL: Getting on and falling out.

SUMMER TERM: HUMAN BODY

- 5) Puberty and how the body/feelings towards others change
- 6) Human reproduction

Consultation with parents: June 2017 – a small number of parents attended our information and consultation session. Parents were in support of the policy and the delivery of this curriculum by the school.