

Winter/Spring Menu 2023/24

Our mission is to provide each of our schools with a unique dining experience that is innovative, aspirational, quality assured and excellent value for money. We can assure you that our ingredients are responsibly, and where possible locally sourced. No ifs, no buts, our menu ingredients are all freshly prepared at your school. The results speak for themselves; access to hearty, wholesome and healthy food every school day.

Week 1: 30 October, 20 November, 11 December, 15 January, 5 February, 4 & 25 March

Monday	Tuesday	Wednesday	Thursday	Friday
M: Butchers pork	M: Mince beef nachos tor-	M: Chicken stew	M: Organic pork meatballs	M: Harry Ramsden's
sausages	tilla Chips and Rice	V: Vegetarian roast	in a tomato sauce with	battered salmon fillets
	V: Cheese pasty & tomato	Sides: mash potato &	Finger Roll	V:Vegan nuggets
V: Spanish omelette	pasta	<u>'</u>	V: Oaty veggie crumble	Sides: chips, peas & to-
Sides: potato wedges,	Sides: sweetcorn & green	cauliflower	with mash potato	mato sauce
beans & mixed vegeta-	beans	JP: Tuna mayo & cheese	Sides: carrots & sweetcorn	JP: Cheese & ham
bles	JP: Cheese	D: Strawberry mousse	JP: Cheese & beans	
JP : Beans & cheese	D: Sticky toffee pudding &	with berry compote	D: Fresh fruit	D: Fruity flapjack
D : Fruit smoothie	custard			

Week 2: 6 & 27 November, 1 & 22 January, 19 February, 11 March

Monday	Tuesday	Wednesday	Thursday	Friday
M: Cheeseburger (100% beef) in a bun	M: Homemade chicken	M : Toad in the hole	M: Chicken goujons with tomato pasta	M: Jumbo fish finger
V: Roasted stuffed feta	curry, rice & naan bread	V: Herby lentil loaf	V: Sweet & sour quorn	V: Vegan sausage roll
pepper	V: Macaroni cheese & crusty bread	Sides: roast potatoes,	with noodles	Sides: chips, peas &
Sides: potato wedges,	,	seasonal veg & gravy	Sides: sweetcorn & green	tomato sauce
peas & corn on cob	Sides: mixed vegetables	JP: Tuna mayo &	beans	JP: Cheese & ham
JP: Beans	JP: Cheese	cheese	JP: Cheese & beans	D: Date & rice crispy
D: Pip organic ice fruit	D: Fruit traybake	D: Fresh fruit	D: Chocolate cake & Sauce	cake

Week 3: 13 November, 4 December, 8 & 29 January, 26 February, 18 March

Monday	Tuesday	Wednesday	Thursday	Friday
M: Pepperoni pizza	M:Beef cottage pie	M: Roast chicken & stuffing	M: Carbonara pasta bake & crusty bread	M: Fish shop breaded cod nuggets
V: Homemade falafel burger in a bun	V: Cheese wheel & mash	V: Vegan cauliflower bites Sides: roast potatoes,	V: Chinese style vegeta- ble & noodle wrap with	V: Vegan sausage bap
Sides: pasta, baked	Sides: peas & cauli-	seasonal veg & gravy	prawn crackers	Sides : chips, peas &
beans & sweetcorn	flower	JP: Tuna mayo & cheese	Sides: carrots & peas	tomato sauce
JP: Beans & cheese	JP: Beans	D: Pear & vanilla crumble	JP: Cheese & beans	JP : Cheese & ham
D: Fruit jelly	D: Fresh fruit	& custard	D: Pineapple oaty slice	D : cookie

KEY: M:Main meal, V: Vegetarian Meal, JP: Jacket Potato, D: Dessert

Low Fat Yoghurts, Fresh Fruit, Bread, Water will be available daily, Milk on request.