

## **Alisha Taylor**

started my professional career with the National Health Service in 2019, and I currently work for Devon Partnership Trust as the Clinical Supervisor for Children and Adolescent Mental Health Services (CAMHS). As a team, we offer Cognitive Behavioural Therapy (CBT) to children and adolescents between the ages of 5-18. Prior to my role at the NHS, I worked for the National Autistic Society. I live locally and my son attends the school.

Children's mental health is something I am passionate about, and I joined the Local Governing Body in September 2023. From an academic perspective, I have completed my undergraduate and masters in psychology, and I have a keen interest in trauma-focused therapy.

Why are you governor?

Children's mental health is something I am passionate about, and having a son who attends Woodwater, I soon came to the realisation that the best way to give back to the community was to utilise my skills and knowledge to support and help the Senior Leadership Team and staff identify and remove barriers to learning and engagement while ensuring children thrive and flourish during their formative years.

